HR Insight
Helping clients succeed

Who we are - The Team

HR Insight was formed by Heather Matheson to bring a commercial business perspective to human resource management. She is joined by an expert team of consultants, employment law advisors and associates.

Heather Matheson

Managing Director
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Heather is the founder and managing director of HR Insight, human resource and employment law specialists, and has operated as a practitioner in human resource management for over 20 years. Through HR Insight, Heather provides HR support to in excess of 800 organisations and has first-hand knowledge of the employment and commercial issues being faced by organisations today.

Follow me on:

Mark Slattery

Director
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Mark Slattery, a Director at HR Insight, has had over ten years experience in general management and HR management roles and has supported businesses in a wide variety of sectors. A member of the board since 2002, he has considerable experience working with directors to develop and implement people strategies that support their businesses, tackling clients' critical employment issues and mentoring and coaching directors and managers to manage their staff more effectively.

Follow me on:

Murray Meeuwis

Development Director
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Murray has more than 25 years of experience in HR management, predominantly in the manufacturing, retail (FMCG) and branded product sectors. He assists clients in a number of diverse areas within HR including employee & organisational performance, employee & leadership development and all aspects of change management.

Follow me on:

Joanna Cowie

Head of Legal
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Joanna is a highly experienced professional and head of the HR Insight legal team. She has many years' experience defending employers at employment tribunals and advises businesses on all areas of employment law. Joanna trained with a City law firm and has previously worked in-house for a major insurance company. Joanna's particular strength lies in her ability to provide clear, pragmatic and pro-active legal advice in this complex and fast-changing area of law.

In addition to her legal qualifications, Joanna holds a Master's degree in EU law and is a qualified university lecturer, having lectured in post-graduate Employment and Business law at Law School.

Kirsty-Anne McIntyre

Employment Law Advisor
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Kirsty joined HR Insight as an Employment Law Advisor working closely with our Head of Legal, Joanna Cowie. Kirsty trained with a City law firm, where she gained experience on a wide range of employment law matters, working predominately for employers. As part of our legal team, Kirsty provides invaluable legal support to our HR Consultants and also assists clients as part of our employment tribunal representation service.

Lynn Schofield

Head of Response
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Lynn joined HR Insight bringing with her over 20 years of HR Consultancy experience. Initially from a Manufacturing and Engineering background in HR Management Lynn moved into consultancy specialising in employee relations and tribunal advocacy. Lynn skilfully assists a wide range of clients to reach pragmatic and safe employment resolutions.

Eric Burrow

Principal Consultant
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Eric Burrow is a Principal Consultant with the Hayes Office. Eric has over 20 years of experience in management and HR in the distribution, financial services and consultancy sectors. Whilst he has continuously advised on employee relations issues in businesses, he has also worked on major recruitment, training and competency-led projects in the UK. Whenever working with clients, he strives to provide straight-forward, practical solutions which are easily understandable and meet the needs of the business.

Follow me on:

Zoe Whitworth

HR Consultant
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Zoe is a CIPD qualified HR professional with almost 10 years HR experience within small to medium sized organisations across the Charity, Education and Housing sector. With expertise of managing and advising on employee relations issues, managing restructuring projects and updating contracts, policies and handbooks, Zoe assists a variety of clients across a number of sectors with their day-to-day HR needs and longer term projects.

Richard Cummings

Principal Consultant
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Richard is a Principal Consultant with the Romford Office and has over 15 years of Management and HR Management experience, predominately in FMCG and financial services. Richard has worked extensively on employee relations issues and via organisational restructures and training programmes, has successfully led large scale recruitment campaigns. Understanding his clients business requirements, Richard demonstrates practical right fit solutions.

Angela Cremer

HR Consultant
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ACremer@hrinsight.co.uk

Angela has over 12 years experience in Human Resources, predominately gained in Financial Services and Consultancy. As a member of our Response Team, she advises and assists organisations with practical solutions to a wide range of employment issues.

Kirsty Sullivan

HR Consultant
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Kirsty Sullivan joined HR Insight as a Consultant in our First Line Response Team. With over 8 years experience as a HR Generalist, predominantly in Financial Services and more recently in the Engineering and Defence Sector, Kirsty is committed to providing clients with the required level of advice and support on a wide range of employment issues.

With a good understanding of how best to apply employment law to achieve organisational objectives, Kirsty is able to support clients through many of the difficult employee relations and other general HR challenges faced on a regular basis.

Kirsty has recently completed a BTEC APD in Advanced Employment Law (Masters Level).

Suzanne Hynes

Accounts Administrator
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Suzanne has gained valuable experience working within central government departments dealing with debt enforcement. As a member of the administration team she manages all

Laura Whipps

Legal Secretary
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Laura has 12 years valuable experience as a PA/Secretary gained in a Personal Injury Litigation environment. She works as part of the Legal Team providing legal secretarial support to the Head of Legal and HR Consultants.

aspects of invoicing and credit control and also advises clients with any account queries they may have.

Dawn Hawkins

Credit Controller
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Dawn is the Credit Controller and works within the Administration Team at HR Insight. She has 20 years experience working in Accounts predominately in the Banking Industry. Dawn is responsible for reviewing any outstanding debt and providing support to clients through the billing process.

Alexandra Webb

Sales and Projects Administrator
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Alexandra joined HR Insight having worked in a variety of client facing roles over the last eight or so years. She combines this experience with her administration and customer service skills to ensure our clients receive an excellent standard of service and are always up to date with the services and support we offer, the latest client training programmes and any changes in legislation. Alexandra administers the firm's website content and provides general administrative support to the consultancy team.

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